Adolescent Substance Use and Abuse

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Section A

Trends Among America’s Youth
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Trends in Annual Prevalence of an Illicit Drug Use Index
Eight, Tenth and Twelfth Graders

Adapted by CTLT from Monitoring the Future, 2005.
## Attitudes of Twelfth Graders Toward Licit and Illicit Drugs

<table>
<thead>
<tr>
<th>Activity</th>
<th>Percent Disapproving</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smoke marijuana regularly</td>
<td>71.9 85.5 81.9 80.7 90.1</td>
</tr>
<tr>
<td>Have five or more drinks at least once a week</td>
<td>60.3 60.4 66.7 65.7 68.8</td>
</tr>
<tr>
<td>Smoke one or more packs per day of cigarettes</td>
<td>67.5 72.3 68.2 76.2 80.7</td>
</tr>
<tr>
<td>Take steroids</td>
<td>X        X 91.0 87.9 89.2</td>
</tr>
</tbody>
</table>
Cigarettes: Trends in 30-Day Use

Use: Eighth, Tenth, and Twelfth Graders:
Percent Who Used in Past 30 Days

Year

Percentage

Twelfth grade
Tenth grade
Eighth grade

'76  '80  '84  '88  '92  '96  '00  '04  '07
Cigarettes: Trends in 30-Day Risk

Risk: Eighth, Tenth, and Twelfth Graders:
Percent Seeing “Great Risk” in Smoking a Pack or More Per Day

- Twelfth grade
- Tenth grade
- Eighth grade

Year: '76, '80, '84, '88, '92, '96, '00, '04, '07
Percentage: 0, 10, 20, 30, 40, 50, 60, 70, 80, 90, 100
Cigarettes: Trends in 30-Day Disapproval

Disapproval: Eighth, Tenth, and Twelfth Graders:
Percent Disapproving of Smoking a Pack or More Per Day
### Brands of Cigarettes

<table>
<thead>
<tr>
<th>Brand</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marlboro</td>
<td>65.2</td>
</tr>
<tr>
<td>Newport</td>
<td>13.3</td>
</tr>
<tr>
<td>Camel</td>
<td>9.5</td>
</tr>
</tbody>
</table>
Smokeless Tobacco: Trends in 30-Day Use

Use: Eighth, Tenth, and Twelfth Graders: Percent Who Used in Past 30 Days

Year

Percentage

Twelfth grade
Tenth grade
Eighth grade
Smokeless Tobacco: Trends in Risk

Risk: Eighth, Tenth, and Twelfth Graders: Percent Seeing “Great Risk” in Using Regularly

- Twelfth grade
- Tenth grade
- Eighth grade
Marijuana: Trends in Annual Use

Use: Eighth, Tenth, and Twelfth Graders:
Percent Who Used in Last Twelve Months

- Twelfth grade
- Tenth grade
- Eighth grade

Year: '76, '80, '84, '88, '92, '96, '00, '04, '07
Percentage: 0, 10, 20, 30, 40, 50, 60, 70, 80, 90, 100
Marijuana: Trends in Risk

Risk: Eighth, Tenth, and Twelfth Graders: Percent Seeing “Great Risk” in Using Regularly

- Twelfth grade
- Tenth grade
- Eighth grade

Year

Percentage

'76  '80  '84  '88  '92  '96  '00  '04  '07

0  10  20  30  40  50  60  70  80  90  100
Availability: Eighth, Tenth, and Twelfth Graders: Percent Saying “Fairly Easy” or “Very Easy” to Get
Crack: Trends in Annual Use

Use: Eighth, Tenth, and Twelfth Graders:
Percent Who Used in Last Twelve Months

- Twelfth grade
- Tenth grade
- Eighth grade

Year: '76, '80, '84, '88, '92, '96, '00, '04
Percentage: 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Source: CTLT
Crack: Trends in Risk

Risk: Eighth, Tenth, and Twelfth Graders:
Percent Seeing “Great Risk” in Using Once or Twice

- Twelfth grade
- Tenth grade
- Eighth grade
Crack: Trends in Availability

Availability: Eighth, Tenth, and Twelfth Graders: Percent Saying “Fairly Easy” or “Very Easy” to Get

[Graph showing trends in availability from 1976 to 2004 for Twelfth, Tenth, and Eighth grade students.]
MDMA (Ecstasy): Trends in Annual Use

Use: Eighth, Tenth, and Twelfth Graders: Percent Who Used in Last Twelve Months

- Twelfth grade
- Tenth grade
- Eighth grade

Year: '76, '80, '84, '88, '92, '96, '00, '04, '07

Percentage: 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10
**MDMA (Ecstasy): Trends in Availability**

*Availability*: Eighth, Tenth, and Twelfth Graders: Percent Saying “Fairly Easy” or “Very Easy” to Get

![Graph showing trends in MDMA availability over years for eighth, tenth, and twelfth graders.](chart.png)
Steroids: Trends in Annual Use

*Use:* Eighth, Tenth, and Twelfth Graders: Percent Who Used in Last Twelve Months

- **Twelfth grade**
- **Tenth grade**
- **Eighth grade**

Year:
- '76
- '80
- '84
- '88
- '92
- '96
- '00
- '04
- '07

Percentage:
- 0
- 1
- 2
- 3
- 4
- 5
Steroids: Trends in Risk

Risk: Eighth, Tenth, and Twelfth Graders: Percent Seeing “Great Risk” in Using Once or Twice

![Graph showing percentage of students per grade level who see great risk in using steroids from 1976 to 2007. The graph shows a general decrease in perception of risk over time, with a peak around 1992.](image)
Steroids: Trends in Disapproval

Disapproval: Eighth, Tenth and Twelfth Graders: Percent Disapproving of Using Once or Twice

- Twelfth grade
- Tenth grade
- Eighth grade
Steroids: Trends in Availability

*Availability:* Eighth, Tenth, and Twelfth Graders: Percent Saying “Fairly Easy” or “Very Easy” to Get