

References And Readings For Lectures

Lecture 0 – Course Overview

Yu, S. (2006). The Life-Course Approach to Health. *American Journal of Public Health* 96(5): 768.

Lecture 1 – How do we Think About “Health”?

Required Readings

Izquierdo, C. (2005) When health is not enough: societal, individual, and biomedical assessments of well-being among the Matsigenka of the Peruvian Amazon. *Social Science and Medicine* 61: 767-783.

Rose, G. (1985). Sick Individuals and Sick Populations. *International Journal of Epidemiology* 14(1): 32-38.

References

Levin and Browner (2005). The Social Production of Health: Critical Contributions from Evolutionary, Biological, and Cultural Anthropology. *Social Science and Medicine* 61: 745-750.

Marmot, M. (2004). *The Status Syndrome: How Social Standing Affects our Health and Longevity*. New York, NY: Time Books, Henry Holt and Company, LLC.

Scrimshaw, S. (2005). *Culture, Health, and Behavior* (Chapter 2) in *International Public Health: Diseases, Programs, Systems, and Policies*; Merson, Black, and Mills (Eds). Mississauga, ON Canada: Jones and Bartlett Publishers Canada.

Sen, A (2001). Health Equity: Perspectives, Measurability, and Criteria. *In Challenging Inequities in Health: From Ethics to Action*. Eds: Evans, T., et al. New York: Oxford University Press.

Lecture 2 – Health Status Measurement

Required Readings:

Levy, S. M. Multidimensional Assessment of the Older Patient. In J. J. Gallo & J. Busby-Whitehead & P. V. Rabins & R. A. Silliman & J. B. Murphy (Eds.), *Reichel's Care of the Elderly: Clinical Aspects of Aging*, Lippincott, Williams and Wilkins., 1999, pp. 20-38.

Robine, J-M, Romieu, I, Cambois, E. Health expectancy indicators. *Bull WHO* 1999; 77: 181-185.

References:

Mallinson, S. (2002). Listening to respondents: a qualitative assessment of the Short-Form 36 Health Status Questionnaire. *Soc Sci Med*, 54(1), 11-21.

McDowell, I, Spasoff, RA, Kristjansson, B. On the classification of population health measurements. *Am J Pub Hlth* 2004; 94: 388-93

Lecture 3 – Measurement and Use of Biomarkers in Population-Based Research

Required Readings:

McEwen, BS. Protective and damaging effects of stress mediators. *New Eng J Med* 1998; 338: 171-178.

Fried LP, CM Tangen, J Walston et al. 2001. "Frailty in older adults: Evidence for a phenotype." *The Journals of Gerontology: Medical Sciences*. 56A(3): M146-M156.

References:

- Brunner E. Stress and the biology of inequality. *BMJ*. 1997 May 17;314 (7092): 1472-6.
- Evans, R. M., M. Barer, and T. Marmor (1994). *Why Are Some People Healthy and Others Not? The Determinants of Health of Populations*. New York: Aldine de Gruyter. 1994.
- Fried LP, L Ferrucci, J Darer et al. 2004. "Untangling the Concepts of Disability, Frailty, and Comorbidity: Implications for Improved Targeting and Care." *The Journals of Gerontology: Medical Sciences*. 59A(3): 255-263.
- Goldman N, Lin IF, Weinstein M, Lin YH. Evaluating the quality of self-reports of hypertension and diabetes. *J Clin Epidemiol*. 2003 Feb;56(2):148-54.
- McEwen BS, Stellar E. Stress and the individual. Mechanisms leading to disease. *Arch Intern Med*. 1993 Sep 27;153(18):2093-101. Review.
- McEwen BS, Seeman T. Protective and damaging effects of mediators of stress. Elaborating and testing the concepts of allostasis and allostatic load. *Ann N Y Acad Sci*. 1999;896:30-47. Review.
- Seeman TE, Singer BH, Rowe JW, Horwitz RI, McEwen BS. Price of adaptation--allostatic load and its health consequences. MacArthur studies of successful aging. *Arch Internal Med*. 1997 Oct 27;157(19):2259-68.
- Seeman TE, Crimmins E, Huang MH, Singer B, Bucur A, Gruenewald T, Berkman LF, Reuben DB. Cumulative biological risk and socio-economic differences in mortality: MacArthur studies of successful aging. *Soc Sci Med*. 2004 May;58(10):1985-97.
- Seeman TE, Crimmins E, Huang MH, Singer B, Bucur A, Gruenewald T, Berkman LF, Reuben DB. Cumulative biological risk and socio-economic differences in mortality: MacArthur studies of successful aging. *Soc Sci Med*. 2004 May;58(10):1985-97.
- Sprott RL. 2002. "Biomarkers of Aging." In DJ Ekerdt (ed.), *Encyclopedia of Aging*. Macmillan Reference USA: pp. 133-135.

Lecture 4 – Conceptual Frameworks: Applications to Child and Adult Health

Required Readings:

- Mosley, WH and Chen, LC. An analytical framework for the study of child survival in developing countries. *Pop and Dev Rev* 1984; 10: Supplement 25-45. Reprinted in: *Bull World Health Org* 2003; 81: 140-145.
- Evans, R. G., & Stoddart, G. L. (1990). Producing health, consuming health care. *Soc Sci Med*, 31(12), 1347-1363.

References:

- Evans, RG, Barer, ML, Marmor, TL (eds). *Why Are Some People Healthy and Others Not? The Determinants of Health of Populations*. Aldine De Gruyter, pubs., New York, 1994
- Evans, RG, Stoddart, GL. Consuming Research, Producing Policy. *Am. J. Pub. Hlth* 2003; 93: 371-379.
- Claeson, M and Waldman, R. The evolution of child health programmes in developing countries: from targeting diseases to targeting people, *Bull World Health Org* 2000; 78: 1234-1235.
- Wagstaff, A. Poverty and health sector inequalities. *Bulletin of the World Health Org* 2002; 80: 97-105.
- Ratzen, SC, Filerman, GL, LeSar, JW. "Attaining Global Health; Challenges and Opportunities" *Population Bulletin* vol.55, no.1, Population Reference Bureau, Washington, DC, 2000.
- Victoria, CG, Wagstaff, A, et al. Applying an equity lens to child health and mortality: more of the same is not enough. *Lancet* 2003; 362: 233-241.

Lecture 5 – Conceptual Frameworks; Applications to Reproductive Health

Required Readings:

- Bongaarts, J. The fertility-inhibiting effects of the intermediate fertility variables. *Studies in Family Planning* 1982; 13: 79-89.
- McCarthy, J and Maine, D. A framework for analyzing the determinants of maternal mortality. *Studies in Family Planning* 1992; 23: 23 -33.
- Misra, DP, Guyer, B, Alston, A. Integrated perinatal health framework. A multiple determinants model with a life span approach. *Am. J. Prev. Med.* 2003; 25: 65-75.

References:

- Davis, K and Blake, J. Social structure and fertility, an analytic framework. *Econ Dev and Cultural Change* 1956; 4: 211-235.

Lecture 6 – Exploring Inequalities – Socioeconomic Inequalities

Required Reading

- Marmot, M., et al (1978). Employment Grade and Coronary Heart Disease in British Civil Servants. *Journal of Epidemiology and Community Health* 32: 244-249.

Minkler, M., Fuller-Thomson, E., and Guralnik, J.M. Gradient of disability across the socioeconomic spectrum in the United States. *New England Journal of Medicine* 2006; 355: 695-703.

References

- Adler and Newman (2002). Socioeconomic Disparities in Health: Pathways and Policies. *Health Affairs* 21(2): 60-78
- Carter-Pokras and Baquet, C. (2002). What is a health disparity? *Public Health Reports* 117: 426-434.
- Council of Economic Advisors for the President's Initiative on Race (1998). Changing America: Indicators of Social and Economic Wellbeing by Race and Hispanic Origin.
- Deaton. (2002). Policy Implications of the Gradient of Health and Wealth. *Health Affairs* 21(2): 13-31.
- Marmot, M. (2004). *The Status Syndrome: How Social Standing Affects our Health and Longevity*. New York, NY: Time Books, Henry Holt and Company, LLC.
- Marmot, M. (1999). Epidemiology of Socioeconomic Status and Health: Are Determinants within countries the same as between countries? *Annals of the New York Academy of Sciences* 896: 16-29.
- Peter and Evans (2001). *Ethical Dimensions of Health Equity. Challenging Inequities in Health: From Ethics to Action*. Oxford University Press.
- Raphael, D. (2003). When Social Policy is Health Policy. *Canadian Review of Social Policy* 51: 9-28.
- Whitehead M (1992).The concepts and principles of equity and health. *International Journal of Health Services* 22, 430–445.
- Whitehead, M. and Diderichsen, F. (1997) International evidence on social inequalities in health. In Drever, F. and Whitehead, M. (eds) *Health Inequalities. Decennial Supplement*. The Stationery Office, London (National Statistics Series DS No. 15).

Lecture 7 – Multiple Determinants of Health – Race/Ethnicity

Required Readings:

- Geronimus, AT., Jones, B, et al. Excess mortality among blacks and whites in the United States. *New Eng J Med* 1996; 335: 1552 -1558.
- Krieger, N. Does racism harm health? Did child abuse exist before 1962? On explicit questions, critical science, and current controversies: an ecosocial perspective. *Am J Pub Hlth* 2003; 93: 194-199

References

- Anderson, NB, Bulatao, RA, Cohen, B. eds. *Critical Perspectives on Racial and Ethnic Differences in Health in Later Life*. Washington, DC, National Academies Press, 2004

- Balsa, AI, McGuire, TG, Prejudice, clinical uncertainty and stereotyping as sources of health disparities. *Journal of Health Economics* 2003; 22: 89-116.
- Carlson, ED and Chamberlain, RM. The black-white perception gap and health disparities research. *Pub Hlth Nursing* 2004; 21: 372-379.
- *Changing America. Indicators of Social and Economic Well-Being by Race and Hispanic Origin.* By the Council of Economic Advisors for the President's Initiative on Race. September, 1998.
- Clark, R Anderson, NB, Clark, VR and Williams, DR. Racism as a stressor for African Americans. *American Psychologist* 1999; October: 805-816.
- Cohen, HW, Northridge, ME. Getting political: racism and urban health. *Am J Pub Hlth* 2000; 90:841-842.
- Diamond, J. *Guns, Germs and Steel. The Fates of Human Societies.* 1999. W.W. Norton and Company, NY, NY.
- Dressler, WW, Oths, KS, and Gravlee, CC. Race and ethnicity in public health research: models to explain health disparities. *Annual Reviews of Anthropology* 2005; 34: 231-251.
- Farmer, MM, and Ferraro, KF. Are racial disparities in health conditional on socioeconomic status? *Social Science and Medicine* 2005; 60: 191-204.
- Fiscella, K., Franks, P, Gold, MR and Clancy, CM. Inequality in quality: addressing socioeconomic, racial and ethnic disparities in health care. *JAMA* 2000; 283: 2579-2584.
- Geronimus, AT. To mitigate, resist, or undo: addressing structural influences on health of urban populations. *Am J Pub Hlth* 90: 867-72, 2000.
- Kreiger, N. Reconfiguring "race": epidemiology, racialized biology, and biological expressions of race relations. *International Journal of Health Services* 2000; 30: 211-216.
- Mays, VM, Ponce, NA, Washington, DL, and Cochran, SD. Classification or race and ethnicity: implications for public health. *Ann Rev Pub Hlth* 2003; 24:83-110.
- Muntaneer, C. Invited commentary: social mechanisms, race and social epidemiology. *Am J Epi* 1999; 150: 121-126.
- National Center for Health Statistics. *Excess Deaths and Other Mortality Measures for the Black Population: 1979-81 and 1991.* Hyattsville, MD: Public Health Service, 1994.
- Pappas, G, Queen, S, Hadden, W, Fischer, G. The increasing disparity in mortality between socioeconomic groups in the United States, 1960 and 1986. *New Eng J Med* 1993; 329: 103-115.

- Risch, N, Burchard, E, Ziv, E, and Tang, H. Categorization of humans in biomedical research: genes, race and disease. *Genome Biology* 2002; 3 (7): 2007.1-2007.12.
- Sankar, P, Cho, MK, et al. Genetic research and health disparities. *JAMA* 2004; 291: 2985-2989.
- Smedley, A, Smedley, BD. Race as biology is fiction. Racism as a social problem is real. Anthropological and historical perspectives on the social construction of race. *American Psychologist* 2005; 60: 16-26.
- Williams, DR. Racial/ethnic variations in women's health: the social embeddedness of health. *Am J Pub Hlth* 2002; 92: 588-597.
- Williams, DR, Collins, C. US Socioeconomic and racial differences in health: patterns and explanations. *Ann Rev Soc* 1995; 21: 349-386.
- Winker, MA. Measuring race and ethnicity: why and how? *JAMA* 2004; 292: 1612-1614.

Lecture 8 – Multiple Determinants of Health – Sex and Gender

Required Readings:

- Arnold, F, Choe, MK, Roy, TK. Son preference, the family-building process and child mortality in India. *Pop Stud* 1998; 52: 301-315.
- Denton, M, Prus, S, Walters, V. Gender differences in health: a Canadian study of the psychosocial, structural and behavioral determinants of health. *Soc Sci Med* 2004; 58: 2585-2600.

References:

- Andreev, EM, McKee, M, Skolnikov, VM. Health expectancy in the Russian Federation: a new perspective on the health divide in Europe. *Bull WHO* 2003; 81: 778-788.
- Arber, S, Ginn, J. Gender and inequalities in health in later life. *Soc Sci Med* 1993; 36: 33-46.
- Arokiasamy, P. Regional patterns of sex bias and excess female child mortality in India. *Population English Edition* 2004; 59: 833-864.
- Bobadilla, JL, Costello, CA, Mitchell, F, eds. *Premature Death in the New Independent States*. 1997; Washington, DC: National Academy Press.
- Bobak, M, Pickhart, H, Hertzman, C, Rose, R, Marmot, M. Socioeconomic factors, perceived control and self-reported health in Russia. A cross-sectional survey. *Soc Sci Med* 1998; 47: 269-279.
- Coale, AJ, Banister, J. Five decades of missing females in China. *Demography* 1994; 31: 459-479.
- Das Gupta, M. Life course perspectives on women's autonomy and health outcomes. *American Anthropologist* 1995; 97: 481-491.

- Junhong, C. Prenatal sex selection and sex selective abortion in rural central China. *Pop and Dev Rev* 2001; 27: 259-281.
- Kim, D-S. Missing girls in South Korea: trends, levels and regional variations. *Population English Edition* 2004; 59: 865-878.
- Krieger, N. Genders, sexes and health: what are the connections-and why does it matter? *Int J Epidem* 2003; 32: 653-657.
- Leon, DA, Chenet, L, Skolnikov, VM, et al. Huge variation in Russian mortality rates 1984-94: artifact, alcohol, or what? *Lancet* 1997; 350: 383-88.
- Mishra, V, Roy, TK, Retherford, R. Sex differentials in childhood feeding, health care, and nutritional status in India. *Pop and Dev Rev* 2004; 30: 269-296.
- Molla, MT, Madans, JH, Wagener, DK. Differentials in adult mortality and activity limitation by years of education in the United States by the end of the 1990s. *Pop and Dev Rev* 2004; 30: 625-646.
- Moss, N. Gender equity and socioeconomic inequality: a framework for the patterning of women's health. *Soc Sci Med* 2002; 54: 649-661.
- Nemtsov, A. Alcohol Situation in Russia, 1980 -2002. Moscow Research Institute of Psychiatry. PowerPoint presentation accessed on September 25, 2005 at <http://www.euro.who.int/ppt/mnh/Nemtsov.pdf>
- Phillips, SP. Defining and measuring gender: a social determinant of health whose time has come. *Int J for Equity in Health* 2005; 4:11. Accessed on September 25, 2005 from: <http://www.equityhealthj.com/content/4/1/11>
- Ratzan, SC, Filerman, GL, LeSar, JW. Attaining Global Health: Challenges and Opportunities. *Population Bulletin* 2000; 55:1, Washington, DC, Population Reference Bureau.
- Read, JG, Gorman, BK. Gender inequities in US adult health: the interplay of race and ethnicity. *Soc Sci Med* 2005; (in press).
- Rogers, Richard G., Robert A. Hummer and Charles A. Nam. *Living and Dying in the USA: Behavioral, Health and Social Differentials of Adult Mortality*. 1999; New York: Academic Press.
- Skolnikov, V, McKee, M, Leon, DA. Changes in life expectancy in Russia in the mid-1990s. *Lancet* 2001; 917-21.

Lecture 9 – Life Span Concepts: Demographic Transition and the Theory of Technophysio Evolution

Required Readings:

Fogel, R and Costa, DL. A theory of technophysio evolution, with some implications for forecasting population, health care costs and pension costs. *Demography* 1997; 34: 49-66.

Selected References

- Bhargava, SK, Sachdev, HV, Fall, CH, et al. Relation of serial changes in childhood body-mass index to impaired glucose tolerance in young adulthood. *N Eng J Med* 2004; 350:865-875.
- De Onis, M, and Blossner, M. WHO Global Database on Child Growth and Malnutrition. WHO, Geneva, 1997.
- Finch, C, and Crimmins, E. Inflammatory exposure and historical changes in human life-spans. *Science* 2004; 305:1736-1739.
- Fogel, Robert. Catching up with the economy. *Am Econ Rev* 1999; 89:1-21.
- Fogel, R. Changes in the disparities in chronic disease during the course of the twentieth century. *Working Paper 10311, National Bureau of Economic Research*, 2004. Retrieved at <http://www.nber.org/papers/w10311> on Aug 17, 2005.
- Gluckman, PD and Hanson, MA. Living with the past: evolution, development and patterns of disease. *Science* 2004; 305:1733-1736.
- Gluckman, PD, Hanson, MA, Morton, SMB and Pinal, CS. Life-long echoes - a critical analysis of the developmental origins of adult disease models. *Biology of the Neonate* 2005; 87: 127-139.
- Himes, CI. Elderly Americans. *Population Bulletin* 2002; Vol 56, No. 4. Population Reference Bureau, Washington, DC.
- Keyfitz, N and Fleiger, W. *World Population Growth and Aging. University of Chicago Press, Chicago, 1990.*
- Law, CM, Egger, P, Dada, O, Delgado, H, et al. Body size at birth and blood pressure among children in developing countries. *Int'l J Epi* 2000; 29:52-59.
- Lynch, J, and Smith, GD. A life course approach to chronic disease epidemiology. *Ann Rev Pub Hlth* 2005; 26:1-35.
- Manton, KG, Stallard, E, Corder, L. Changes in the age dependence of mortality and disability: cohort and other determinants. *Demography* 1997; 34:135-157.
- McFalls, JA. Population, A Lively Introduction. *Population Bulletin* 2003; Vol. 58, No. 4., Population Reference Bureau, Washington DC.
- Olshansky, SJ, Passaro, DJ, Hershaw, RC, et al. A potential decline in life expectancy in the United States in the 21st Century. *N Eng J Med* 2005; 352: 1138-1145.
- Omran, AR. The epidemiologic transition. A theory of the epidemiology of population change. *Milbank Mem Fund Quart* 1971; 49:509-538.
- PRB Staff. Transitions in World Populations. *Population Bulletin* 2004; Vol 59, No. 1. Population Reference Bureau, Washington, DC.
- Reddy, KS, Shah, B, Varghese, C, Ramadoss, A, Responding to the threat of chronic diseases in India. *Lancet* 2005; In press. Available online, October 5, 2005.
- Strong, K, Mathers, c, Leeder, S, Beaglehole, R. Preventing diseases: how many lives can we save? *Lancet* 2005; In press. Available online, October 5, 2005.

Wang, L, Kong, L, Wu, F, Bai, Y, Burton, R. Preventing chronic diseases in China. *Lancet* 2005; In press. Available online, October 5, 2005.

Lecture 10 – Life Span Concepts – Fetal/Early Child Development and Adult Health Outcomes – Barker Hypothesis

Required Readings

- Barker DJP. The malnourished baby and infant. *British Medical Bulletin*. 2001;60:69-88.
- Barker DJP. Developmental origins of adult health and disease; a glossary. *J. Epidemiol. Community Health*. 2004; 58:114-5
- Barker DJP. The developmental origins of adult disease. *European J. Epidem.* 2003;18:733-36.
- Ben-Shlomo Y and Kuh, D, A life course approach to chronic disease epidemiology: conceptual models, empirical challenges, and interdisciplinary perspectives. *Int. J. Epidemiol.* 2002; 31:285-293.

References

- Baltes PB, Lindenberger U, Staudinger UM: "Life-span Theory in Developmental Psychology" In Damon W and Lerner RM (Eds.): *Handbook of Child Psychology* (5th edition) Volume 1: *Theoretical Models of Human Development*. New York, Wiley. 1998. Pp 1029-1144
- Barker, DJP, *In utero* programming of chronic disease. *Clinical Science* 1998; 95: 115-128.
- Bateson, p, Barker, D, et al. Developmental plasticity and human health. *Nature* 2004; 430: 419-421
- Barker DJP. *Mothers, Babies and Health in Later Life*, Churchill Livingstone, Edinburgh, 1998.
- De Stavola, BL, Hardy, R, Kuh, D, et al. Birthweight, childhood growth and risk of breast cancer in a British cohort. *British J. of Cancer* 2000; 83: 964-968.
- Elder GH: "The Life Course and Human Development" In Damon W and Lerner RM (Eds.): *Handbook of Child Psychology* (5th edition) Volume 1: *Theoretical Models of Human Development*. New York, Wiley. 1998. Pp 939-992.
- Gluckman, PD and Hanson, MA. Living with the past: evolution, development and patterns of disease. *Science* 2004; 305:1733-1736.
- Gluckman, PD, Hanson, MA, Morton, SMB and Pinal, CS. Life-long echoes - a critical analysis of the developmental origins of adult disease models. *Biology of the Neonate* 2005; 87: 127-139.
- Halfon N, Hochstein M. Life Course Health Development: an integrated framework for developing health, policy and research. *Milbank Q.* 2002;80:433-479.
- Harding, JE. The nutritional basis of fetal origins of adult disease. *Int. J. Epidem.* 2001; 30: 15-23.
- Hertzman C: The Case for Child Development as a Determinant of Health. *Canadian J. Public Health*. 1998;89(suppl 1):S14-19.

- Hertzman, C. The biological embedding of early experience and its effects on health in adulthood. *Ann. NY Acad. Sci.* 1999; 896: 66-84.
- Johnston, F. E. and S. J. Ulijaszek Long Term Consequences of Early Environmental Influence. The Cambridge Encyclopedia of Human Growth and Development, Cambridge University Press: 1998, p. 417-421.
- Law, CM, Egger, P, Dada, O, Delgado, H, et al. Body size at birth and blood pressure among children in developing countries. *Int'l J Epi* 2000; 29:52-59.
- Leon, D. Biological Theories, Evidence and Epidemiology. *International Journal of Epidemiology*. 2004: 33; 1167-1171.
- Leon, DA, Lithell, HO, et al. Reduced fetal growth rate and increased risk of death from ischemic heart disease: cohort study of 15,000 Swedish men and women born 1915-29. *British Medical Journal* 2004; 317; 241-245. (Upsalla study)
- Lynch, J, and Smith, GD. A life course approach to chronic disease epidemiology. *Ann Rev Pub Hlth* 2005; 26:1-35.
- McDermott, R. Ethics, epidemiology and the thrifty gene: biological determinism as a health hazard. *Soc. Sci. Med.* 1998; 47:1189-1195
- Mosley WH, Gray R. Childhood Precursors of Adult Morbidity and Mortality in Developing Countries: Implications for Health Programs. in James N. Gribble and Samuel H. Preston (eds.), *The Epidemiological Transition: Policy and Planning Implications for Developing Countries*. Washington, D.C., National Academy Press, 1993, pp.69-100.
- Paneth, n, and Susser, M. Early origin of coronary heart disease (the "Barker" hypothesis). *British Medical Journals* 1995; 310: 411-12.
- Stein, CE, Fall, CHD, Kumaran, K, Osmond, Cox, V and Barker, DJP. Fetal growth and coronary heart disease in South India. *Lancet* 1996; 348: 1269-73.
- Terry, MB and Susser, E. Commentary: The impact of fetal and infant exposures along the life course. *Intl J. Epidemiology* 2001; 30: 95-96.

Lecture 11 – Linking Behaviors to Health and Disease

Required Reading

IOM (2001). Chapter 3: Behavioral Risk Factors. In: *Health and Behavior: the Interplay of Biological, Behavioral, and Societal Influences*. Washington DC: National Academy Press.

References

- Murphy, E. (2005). Promoting Healthy Behavior. *Health Bulletin 2* (Washington DC: Population Reference Bureau.
- Jessor, R and Jessor, SL. *Problem Behavior and Psychosocial Development. A Longitudinal Study of Youth*. New York: Academic Press, 1977.
- U.S. Department of Health and Human Services (USDHHS). *Reducing Tobacco Use: A Report of the Surgeon General*. Atlanta, GA: U.S. Department of

- Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health; 2000.
- WHO (2005). *Why is Tobacco a Public Health Priority?*
http://www.who.int/tobacco/health_priority/en/index.html
- Global Youth Tobacco Collaborating Group (2003). Differences in Worldwide Tobacco Use by Gender: Findings from the Global Youth Tobacco Survey. *Journal of School Health* 73(6): 207-215.
- WHO (2005). *Obesity and Overweight*.
<http://www.who.int/dietphysicalactivity/publications/facts/obesity/en/index.html>
- WHO (2005). *Physical Inactivity*.
<http://www.who.int/dietphysicalactivity/publications/facts/pa/en/index.html>
- Popkin, B. (2001). The Nutrition Transition and Obesity in the Developing World. *Journal of Nutrition* 131: 871S-873S.
- Popkin, B. and Gordon-Larson, P. (2004). The Nutrition Transition: Worldwide Obesity Epidemics and Their Determinants. *International Journal of Obesity* 28: S2-S9.
- WHO (2004). *Global Status Report on Alcohol 2004*. Geneva: Department of Mental Health and Substance Abuse.
- Rehm J, Eschmann S. Global monitoring of average volume of alcohol consumption. *Sozialund Präventivmedizin*, 2002, 47(1):48-58.
- Population Reference Bureau (2000). *The World's Youth*. Washington DC: Population Reference Bureau.
- National Cancer Institute (2005). *Theory at a Glance: A Guide for Health Promotion Practice* (second edition).

Lecture 12 – Behavior Change Theories

Required Reading

- Chaney, D; Hunt, B., and Schulz, J. (2000). An Examination Using the Precede Model to Establish a Comprehensive Program to Prevent School Violence. *American Journal of Health Studies* 16(4): 199-204.

References

- National Cancer Institute (2005). *Theory at a Glance: A Guide for Health Promotion Practice* (second edition).
- Glanz, K., Lewis, F., and Rimer, B. (1990). *Health Behavior and Health Education: Theory, Research, and Practice*. San Francisco: Jossey-Bass Publishers.
- Green, LW. And Kreuter, M.W. (1999). *Health Promotion Planning: An Educational and Ecological Approach* (3rd edition). McGraw-Hill.

Lecture 13 – Culture, Health and Behavior

Required Reading

James, D. (2004). Factors Influencing Food Choices, Dietary Intake, and Nutrition-Related Attitudes among African Americans: Application of a Culturally Sensitive Model. *Ethnicity and Health* 9(4): 349-367.

References

- Airhihenbuwa, C. (1995). *Health and Culture: Beyond the Western Paradigm*. Thousand Oaks: Sage Publications.
- Freidson, E. (1970) *Professional Dominance: the Social Structure of Medical Care*. New York: Atherton.
- Pelto, P. and Pelto, G. (1997). Studying Knowledge, Culture, and Behavior in Applied Medical Anthropology. *Medical Anthropology Quarterly* 11(2): 147-163.
- Janzen, J.M., (1978). *The Quest for Therapy. Medical Pluralism in Lower Zaire*, Berkeley: University of California Press.
- Jenkins, R. and Kim, B. (2004). Cultural Norms and Risks: Lessons Learned from HIV in Thailand. *The Journal of Primary Prevention* 25(1): 17-40.
- Kleinman, A. (1988). *The Illness Narratives: Suffering, Healing and the Human Condition*. N.Y.: Basic Books.
- Ratzen, S. C., Parker, R. M. (2000). Introduction. In Selden, C. R., Zorn, M., Ratzen, S. C., Parker, R. M. (Eds.), National library of medicine current bibliographies in medicine: Health literacy . *NLM Pub.No. CBM 2000-1*. Bethesda, MD: National Institutes of Health, U.S. Department of Health and Human Services.
- Scrimshaw, S. (2005). *Culture, Health, and Behavior* (Chapter 2) in Merson, Black, and Mills (Eds), *International Public Health: Diseases, Programs, Systems, and Policies*; Mississauga, ON Canada: Jones and Bartlett Publishers Canada.
- Young, J. (1981) *Medical Choice in a Mexican village*. New Brunswick, NJ: Rutgers University Press.