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The Impact of Pandemic Influenza on Public Health

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Part Five of Six

Interventions

WHO Global Influenza Surveillance Network

Recommendations on Influenza Vaccine Formulation



Influenza Vaccine Development





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Key "Bottlenecks"

- 1. "Purity" of strain
- 2. Production requirements
 - Production system "EGG"
 - Bio-security
- 3. Clinical data allowing increase in vaccine availability

- Reverse genetics



Vaccine Production Capacity



Vaccine Consumption, 2000



- Challenges
 - H5HA is poorly immunogenic as compared to H3N2 or H1N1 viruses
 - To date vaccines against H5 have required two doses or an adjuvant to induce a necessary level of neutralizing antibodies
 - Influenza virus has a high error rate making it evolve continuously
 - There are already two clades of HPAI H5N1 virus circulating
 - Manufacturing capacity is limited and licensing requirements are stringent

- September 16th, 2005—HHS
- News headlines
 - U.S. DHHS [is] buying \$100 million worth of avian vaccine
 - Vaccine has not been approved by FDA
 - Proper dosage [is] being determined
 - Protection for two to twenty million Americans

- Inactivated vaccine candidate:
 - Sanofi Pasture has developed an unadjuvanted, inactivated H5N1 vaccine candidate
 - Prospective, randomized, double-blind trials (~450 adults, 18-64 years) established the need for two doses (neutralizing titer 1:40)
 - Now being tested in children and the elderly
- Live, attenuated vaccine candidate:
 - MedImmune (under U.S. contract) will develop at least one vaccine for each of the 16 HA
 - Candidate vaccine has been developed for H5 and H9 (phase one clinical trials)

- Sanofi Pasture has developed an unadjuvanted, inactivated H5N1 (virus isolated in Southeast Asia in 2004) vaccine candidate
- Reported in NEJM
 - The higher the dosage of vaccine, the greater the antibody response produced
 - Of the 99 people evaluated in the 90-mcg, high-dose group, 54 percent achieved a neutralizing antibody response to the vaccine at serum dilutions of 1:40 or greater
 - Only 22 percent of the 100 people evaluated who received the 15-mcg dose developed a similar response to the vaccine

- Sanofi Pasture has developed an unadjuvanted, inactivated H5N1 (virus isolated in Southeast Asia in 2004) vaccine candidate
- Reported in NEJM
 - Generally, all dosages of the vaccine appeared to be well tolerated
 - Almost all reported side effects were mild
 - The second dose of the vaccine did not cause more local or systemic symptoms than the first
 - Systemic complaints of fever, malaise, muscle aches, headaches, and nausea occurred with the same frequency in all dosage groups as in the placebo group
 - Lab tests did not reveal any clinically significant abnormalities

- A new genetically engineered vaccine, created by scientists at the CDC, is egg-independent and adjuvant-independent
 - Hoelscher, M.A., at al. (2006). *Lancet*. Feb 11; 367(9509):
 475-81
- A similar vaccine, adenovirus-based influenza A virus vaccine directed against the hemagglutinin (HA) protein of the A/Vietnam/1203/2004 (H5N1) (VN/1203/04) strain isolated during the lethal human outbreak in Vietnam from 2003 to 2005
 - Gao, W., et al. (2006). Protection of mice and poultry from lethal H5N1 avian influenza virus through adenovirusbased immunization. *J Virol*. Feb; 80 (4): 1959-64

Chemotherapy

- Prevent membrane fusion (M2 Inhibitors)
 - Amantidine (Symmetrel)
 - Remantidine (Flumadine)
- Neuraminidase inhibitors
 - Zanamivir (Relenza)
 - ▶ U.S. is buying \$2.8 million (could treat 84,300 people)
 - Oseltamivir (Tamiflu)
 - Peramivir (more potent in vitro)?

- Relenza
 - Reduced the incidence of the disease in both young and older populations
 - First study—in participants 18 years of age or older, the proportion of people who developed symptoms confirmed to be the flu was 6.1% for the placebo group and 2.0% for the Relenza group
 - The second community study—enrolled people 12 to 94 years of age (56% of whom were older than 65 years)
 - In this trial, the percentage of people who developed symptoms confirmed to be the flu was reduced from 1.4% of the participants on placebo to 0.2% for those who used Relenza

Types of Protective Masks

- Surgical masks
 - Easily available and commonly used for routine surgical and examination procedures
- High-filtration respiratory mask
 - Special microstructure filter disc to flush out particles bigger than 0.3 micron
 - These masks are further classified:
 - Oil proof
 - Oil resistant
 - Not resistant to oil
 - The more a mask is resistant to oil, the better it is
 - The masks have numbers beside them that indicate their filtration efficiency
 - For example, a N95 mask has 95% efficiency in filtering out particles greater than 0.3 micron under normal rate of respiration





Types of Protective Masks

- The next generation of masks are called Nanomasks
- These boast of the latest technologies like 2H filtration and nanotechnology, which are capable of blocking particles as small as 0.027 micron

- AJIC paper by Balazy, et al.
- Recent study in AJIC by Balazy, et al., looked at respiratory protection devices used to protect the wearers from inhaling particles suspended in the air
- Filtering face piece respirators are usually tested utilizing non-biologic particles, whereas their use often aims at reducing exposure to biologic aerosols, including infectious agents such as viruses and bacteria

- The investigators studied the performance of two types of N95 half-mask, filtering face piece respirators and two types of surgical masks
- The collection efficiency of these respiratory protection devices was investigated using MS2 virus (a non-harmful stimulant, of several pathogens)
- The virions were detected in the particle size range of 10 to 80 nm

- AJIC paper by Balazy, et al.
- The results indicate that the penetration of virions through the National Institute for Occupational Safety and Health (NIOSH)-certified N95 respirators can exceed an expected level of 5%
- The tested surgical masks showed a much higher particle penetration because they are known to be less efficient than the N95 respirators
- The two surgical masks, which originated from the same manufacturer, showed tremendously different penetration levels of the MS2 virions—20.5% and 84.5%, respectively, at an inhalation flow rate of 85 L/min

- AJIC paper by Balazy, et al.
- This study concluded that ...
 - N95 filtering face piece respirators may not provide the expected protection level against small virions
 - Some surgical masks may let a significant fraction of airborne viruses penetrate through their filters, providing very low protection against aerosolized infectious agents in the size range of 10 to 80 nm.
 - It should be noted that the surgical masks are primarily designed to protect the environment from the wearer, whereas the respirators are supposed to protect the wearer from the environment (*Am J Infect Control* 2006; 34: 51-7)

Capacity

- There are six manufactures of N95 respirators in the U.S.
- As of March 2006, the two largest U.S. manufacturers are at full capacity running 24/7
- Both of these played a large roll in filling the U.S. government's order for approximately 100,000,000, N95 masks
- Lead time on certain styles is as long as five months
- U.S. inventory of unsold N95s changes on an hourly basis
 - The inventory is also at a record low quantity

- Other shortages now surfacing for the first time are for the following:
 - Influenza field tests kits
 - Hand sanitizers
 - Protective coveralls
 - Booties
- Pricing on N95 respirators with out escalation value is inching up
- The market is clearly on a first come first serve basis
- Smaller sizes have all but disappeared due to Asian demand

Food Safety

- Conventional cooking (temperatures at or above 70°C in all parts of a food item) will inactivate the H5N1 virus
- Properly cooked poultry meat is therefore safe to consume
- The H5N1 virus, if present in poultry meat, is not killed by refrigeration or freezing
- Home slaughtering and preparation of sick or dead poultry for food is hazardous—this practice must be stopped
- Eggs can contain H5N1 virus both on the outside (shell) and the inside (whites and yolk)
- Eggs from areas with H5N1 outbreaks in poultry should not be consumed raw or partially cooked (runny yolk); uncooked eggs should not be used in foods that will not be cooked, baked, or heat-treated in other ways

Food Safety

- There is no epidemiological evidence to indicate that people have been infected with the H5N1 virus following consumption of properly cooked poultry or eggs
- The greatest risk of exposure to the virus is through the handling and slaughter of live infected poultry
- Good hygiene practices are essential during slaughter and post-slaughter handling to prevent exposure via raw poultry meat or cross contamination from poultry to other foods, food preparation surfaces, or equipment

Survival of Influenza Virus on Surfaces

- The World Health Organization recommends that environmental surfaces be cleaned by the following:
 - Disinfectants such as sodium hypochloride, 1% in-use dilution, 5% solution to be diluted 1:5 in clean water, for materials contaminated with blood and body fluids
 - Bleaching powder seven grams per liter with 70% available chlorine for toilets and bathrooms
 - 70% alcohol for smooth surfaces, tabletops, and other surfaces where bleach cannot be used
 - Environmental cleaning must be done on a daily basis

New Laboratory Test

- The FDA has approved a new laboratory test developed by the CDC to diagnose H5 strains of influenza in patients suspected to be infected with the virus
- The product—the Influenza A/H5 (Asian lineage) Virus Real-time RT-PCR Primer and Probe Set provides preliminary results on suspected H5 influenza samples within four hours once a sample is tested
- If the presence of the H5 strain is identified, then further testing is conducted to identify the subtype
- If clinicians suspect a patient may be infected with an avian influenza virus, they should contact their state or local health department
- For more information:
 - CDC (2006). New laboratory assay for diagnostic testing of avian influenza A/H5 (Asian lineage). *MMWR*, 55 (RR5): 127