This work is licensed under a Creative Commons Attribution-NonCommercial-ShareAlike License. Your use of this material constitutes acceptance of that license and the conditions of use of materials on this site.
Population Size and Growth

Module 1a
Learning Objectives

Upon completion of this module, the student will be able to:

♦ List the historical and current sources of population data
♦ Comment on data quality and completeness
♦ Define and analyze demographic transition
A Definition of Population Study

- A study of the numbers and kinds of people in an area and their changes
- Seeking explanations for the patterns of variation in a population and causes of changes
- Projecting future changes and analyzing future consequences
Demography

Definition

♦ Demography is the statistical analysis of population data.
Sources of Population Data

- Historical Sources
  - Methods of subsistence
  - Eye-witness accounts
  - Archeological remains
  - Genealogies

- Cemetery data
- Church records
- Military records
- Numbers/sizes of towns
- Censuses
Sources of Population Data

♦ Current Sources
  – Censuses
  – Civil/vital registration
  – Surveys
  – Public records
  – Private records
  – Population registers
  – Linked records estimates
Population Topics

- Population size and distribution
- Mortality and morbidity
- Fertility and contraception
- Mobility and migration

- Population composition – age, sex, race, ethnicity
- Population characteristics – education, economic status, marital and family status, living patterns
World Population Milestones

World population reached
1 billion in 1804
2 billion in 1927 (123 years later)
3 billion in 1960 (33 years later)
4 billion in 1974 (14 years later)
5 billion in 1987 (13 years later)
6 billion in 1999 (13 years later)

source: UN, World Population Prospects: The 1998 revision
Population Milestones in Sub-Saharan Africa

183 million in 1959

183*2 = 366 million in 1978, 28 years later

183*3 = 549 million in 1992, 14 years later

183*4 = 732 million in 2004 (estimated projection), 12 years later
World Population Growth: 1750-2050

World Population Growth, 1750-2050

- Less developed countries
- More developed countries

The Classic Stages of Demographic Transition

Note: Natural increase is produced by the difference between births and deaths.
Demographic Transition: What Is It?

- Shift from high rate of births and deaths to low rates of births and deaths
- Concept evolved from the history of population growth in Europe and the United States and has been broadly applied to populations everywhere
The Classic Stages of the Demographic Transition

♦ **Stage I**: high death rates balance high birth rates resulting in no, or slow population growth (or decline)

♦ **Stage II**: The death rates begin to drop with birth rates remaining high leading to increasing rates of population growth
The Classic Stages of the Demographic Transition (cont’d)

♦ **Stage III:** The birth rate declines resulting in a slowing of population growth

♦ **Stage IV:** both birth rates and death rates are low and population growth slows, stops or even declines
Demographic Transition: Where are we now?

♦ Guided by the experience of developed world, most experts expect this demographic transition to occur throughout the world. But there is no guarantee, this will happen.

♦ Individual countries are following different time tables and paths for achieving it.
Demographic Transition
European vs. LDCs

♦ European countries
  – BR and DR low over entire time period
  – Gradual decline in mortality and fertility over 200 years
  – Population growth rates peaked in 19th century, at 1-2% per year

♦ Developing countries
  – High pre-transition BR and DR, prior to World War II
  – Precipitous decline in mortality post World War II
  – Population growth rates peaked in 2nd half of 20th century, at 2.5-3.5% per year
Demographic Transition: Where are we now? (cont’d)

- Western Europe, US, Canada, Australia, New Zealand, Japan, China—essentially have completed the four stages of demographic transition.

- East Asia, Latin America, Middle East, South Africa—mostly in Stage 3.

- South Asia (Pakistan), Sub-Saharan Africa—mostly in Stage 2.
Demographic Transition: What After Stage 4?

♦ Balanced numbers of births and deaths with population size stabilizing?

OR

♦ Continued declines of birth rates so that population numbers decline?
  – Most of Western Europe has shown a continued birth rate decline below the 2-child family with beginning declines in population size.
Deviations from Classic Stages of Demographic Transition

Some current trends –

♦ Former Soviet Union, Eastern Europe – since 1989, a demographic "reversal" with a return of high mortality, continued low fertility and population decline

♦ Reversal in mortality gains with HIV epidemic in Sub-Saharan Africa
Projected Effect of AIDS on Life Expectancy in Sub-Saharan Africa by the Year 2010

Source: U.S. Bureau of Census International Programs, 1997
Summary

This concludes this module.

The key concepts introduced in the module:
♦ Sources of population data
♦ Overview of population growth in SSA and world
♦ Demographic transition
Learning Objectives

♦ Describe the dynamics of population growth over time.
♦ Compare and contrast the population growth rates in more developed and less developed countries with specific attention to sub-Saharan Africa
World Population Growth: 1750-2050

Population Change: Before 1800

- Exceedingly slow population growth
- High birth rates offset by high mortality from wars, famines and epidemics
- World population size reached 1 billion around 1800
Population Change:
1800 to 1900

- Continuing mortality decline in European populations with early industrialization
- European population growth contributed to a surge of international migration
- Developing country populations growing very slowly
- World population reaches 1.7 billion by 1900
Population Change: 1900 to 1950

- Mortality in MDC declines further accompanied by declines in fertility
- Most of the Asia, Africa and Latin America still facing high fertility and mortality, though mortality begins to decline in some countries.
- Population reaches 2.5 billion by the middle of the century
### Population Change: 1700 to 1950

#### Population in Millions

<table>
<thead>
<tr>
<th>Region</th>
<th>1700</th>
<th>1950</th>
<th>% increase</th>
</tr>
</thead>
<tbody>
<tr>
<td>MDC</td>
<td>180</td>
<td>752</td>
<td>318%</td>
</tr>
<tr>
<td>LDC</td>
<td>589</td>
<td>1776</td>
<td>202%</td>
</tr>
<tr>
<td>World</td>
<td>769</td>
<td>2528</td>
<td>229%</td>
</tr>
</tbody>
</table>
World Population growth: 1950 - 2050

Adapted by CTLT from UN, World Population Prospects, 1998 Revision.
Population Change: 1950 to 2000

♦ MDC: Completion of transition to low mortality and low fertility

♦ LDC: Rapid reductions in death rates following World War II with birth rates remaining high for about two decades leading to dramatic population growth in most countries
Population Change: 1950 to 2000 (cont’d)

♦ Fertility declines begin the last quarter of the century in less developed countries – more rapid in Latin America and East Asia, slower in South Asia and Africa.

♦ LDCs population share increases from two-thirds to four-fifths of total world population.

♦ World population reaches 6.2 billion by 2000.
Population Change: 1950 to 2000

<table>
<thead>
<tr>
<th>Region</th>
<th>1950</th>
<th>2000</th>
<th>% increase</th>
</tr>
</thead>
<tbody>
<tr>
<td>MDC</td>
<td>752</td>
<td>1143</td>
<td>52%</td>
</tr>
<tr>
<td>LDC</td>
<td>1766</td>
<td>5110</td>
<td>189%</td>
</tr>
<tr>
<td>SSA</td>
<td>183</td>
<td>661</td>
<td>361%</td>
</tr>
<tr>
<td>World</td>
<td>2518</td>
<td>6253</td>
<td>148%</td>
</tr>
</tbody>
</table>

World Population Projections

By 2050, world population would reach between 7.3 billion and 10.7 billion depending upon fertility trends.
Population Prospects
Some Certainties About Growth

♦ At least 1.3 billion people will be added to the world’s population over the next 25 years- there are 3 reasons for this inevitable growth:
  – Fertility in LDC is twice as high as in MDC
  – The young age structure of less developed countries constitutes momentum for population growth for several decades.
  – Continuing improvements in mortality will contribute to additional growth.
Population Prospects: Beyond 2000

♦ Nearly all future growth will take place in less developed countries – mostly India and sub-Saharan Africa.

♦ More dramatic redistribution of population among the more developed and less developed countries
Population Prospects

Major Uncertainties

- Future population size will depend not only on whether fertility will fall, but how quickly it declines and to what level it falls.
- The demographic impact of the global AIDS epidemic in the next 25 years is still difficult to project.
This concludes this session

The topics introduced in this session
- Dynamics of population growth from 1750-2050
- Population growth rates in more developed and less developed countries
- World population projections under three fertility scenarios
Population Size and Growth

Module 1c
Learning Objectives

- Describe components of population change (demographic balancing equation)
- Define and calculate the crude rate of natural increase and population growth rate
- Show the relationship between growth rate and doubling time of a population
Measuring Population Change: Three Basic Demographic Processes

- Births
- Deaths
- Migration
Measuring Population Change
Demographic Balancing Equation

♦ Population change = (Births - Deaths) + (Immigrants - Emigrants)

♦ Or using the common notation, it can be expressed:

$$P_t - P_0 = (B - D) + (I - E)$$

where:

$P_0$ is the initial population and $P_t$ is the population after time $t$
Measuring Population Change

Demographic Balancing Equation

\[ P_t - P_0 = (B - D) + (I - E) \]

USA Example

Population Change, 1990 – 1991 (numbers in thousands)

\[ 250,878 - 248,168 = 4,179 - 2,162 + 853 - 160 \]
Demographic Balancing Equation (cont’d)

♦ Can be split into 2 basic components:

- **Natural increase** = Births (B) – Deaths (D)
- **Net Migration** = Immigration (I) – Emigration (E)

♦ In almost all countries, natural increase is the most important component of overall population change over time
Measuring Population Change
Calculation of Rates

♦ Each component of population change (births, deaths, migration) can be expressed as an absolute number, or more commonly, as annual rates.

♦ A Rate always has 3 components: a numerator, a denominator and a time period.
Measuring Population Change
Calculation of Rates (cont’d)

♦ The denominator for the calculation of an annual rate is the estimated mid-year population.

♦ Demographic rates are ordinarily calculated per 1000 persons per year.
Measuring Population Change
Calculation of Rates (cont’d)

♦ E.g. the Crude Birth Rate (CBR) can be calculated as total number of live births per year per thousand mid-year population

\[
\text{Number of Births in 1 Year} \times 1000
\]
\[
\frac{\text{Total Mid-Year Population}}{}
\]

♦ The other rates are calculated similarly
Measuring Population Change

Calculation of Rates (cont’d)

Crude Birth Rate (CBR) = \( \frac{\text{Births in a year}}{\text{Mid-year population}} \times 1000 \)

Crude Death Rate (CDR) = \( \frac{\text{Deaths in a year}}{\text{Mid-year population}} \times 1000 \)

Crude Rate of Natural Increase (CRNI) = CBR – CDR

Note: the CRNI is most often expressed as a percent (%) and is often used as the measure of the annual rate of population growth.
Measuring Population Change
Population Growth Equations

♦ The average rate of population growth over some extended time period can be calculated if the population size at the two points in time are known.

♦ This is best done by using the exponential growth formula.
Measuring Population Change

Population Growth Equations

♦ Exponential growth: this is calculated like the growth of an investment with compound interest.

♦ With the exponential growth equation, compounding takes place continuously rather than just annually, i.e. a constant rate of change is applied at every infinitesimal moment of time.
Measuring Population Change

Exponential Growth Equation

\[ P_n = P_o e^{rn} \]

where:
- \( P_n \) = population at time \( n \)
- \( P_o \) = population at time \( o \)
- \( n \) = number of years
- \( r \) = annual rate of growth
- \( e \) = base of the natural logarithm
Measuring Population Change

Population Doubling Time

- Population *hypothetical* doubling time = the number of years until the population will double if the annual rate of growth remains constant.

- Rule of 70: doubling time = \( \frac{70}{r \%} \)

- E.g. at the growth rate of 2.8% per year, the population of Uganda would double in \( \frac{70}{2.8} = 24 \) years if that growth rate remained unchanged.
## Doubling time

The “rule of 70”

<table>
<thead>
<tr>
<th>Rate of Growth = r %</th>
<th>Years to Double</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.1</td>
<td>700</td>
</tr>
<tr>
<td>0.5</td>
<td>140</td>
</tr>
<tr>
<td>1.0</td>
<td>70</td>
</tr>
<tr>
<td>2.0</td>
<td>35</td>
</tr>
<tr>
<td>3.0</td>
<td>23.3</td>
</tr>
<tr>
<td>4.0</td>
<td>17.5</td>
</tr>
</tbody>
</table>
Summary of Recent Trends

- World population growth rate reached a peak of about 2.1% per year in the late 1960s and has been declining ever since.
- The numbers added to the world’s population annually increased from around 75 million in the 1960s to 90 million in the 1990s before beginning to slowly decline.
- The highest rates of population growth and largest numbers being added are in the developing countries.
This concludes this session and the module on population size and growth.

Topics introduced in this session:
- Demographic balancing equation
- Population growth equation
- Population doubling time