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What Is Public Health?

• What it takes to get
  – Healthy people
  – In health communities

Disasters can lead to
COMMUNITY RESILIENCE!
What Does Public Health Do?

• Provides services that keep you from getting sick from the actions or illnesses of others
  – Statutory Role of Public Health
• Prevents illness in individuals by taking action at the community-wide level
  – Population Based Role of Public Health
• Continually monitors for patterns of disease
  – Surveillance Role of Public Health
• Advocates and reaches out to vulnerable populations
  – Social Justice Role of Public Health
C.E.A. Winslow, 1920

The science and art of preventing disease and promoting health and efficiency through organized community effort.

Functions:
• Sanitation of the environment
• Control of community infections
• Education of individuals in personal hygiene
• Organization of medical and nursing service for early diagnosis and preventive treatment
• Development of “social machinery”
What Really Makes Us Healthy?

• Not just the absence of disease…
• … but a “state of physical, mental, and social well-being.”
• Health is about having healthy habits.
• We all are doing public health every day!