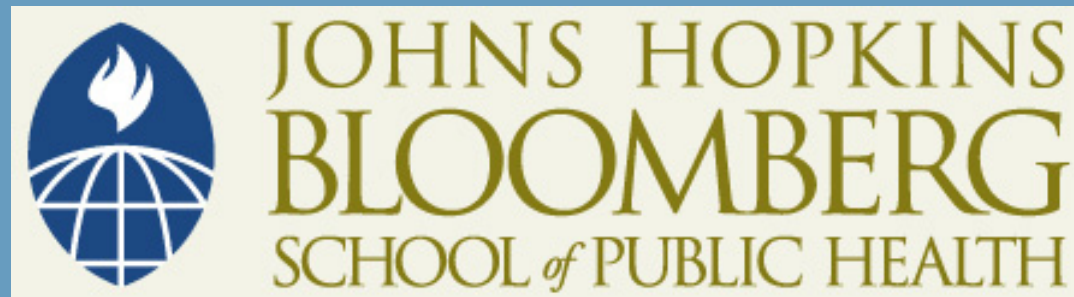


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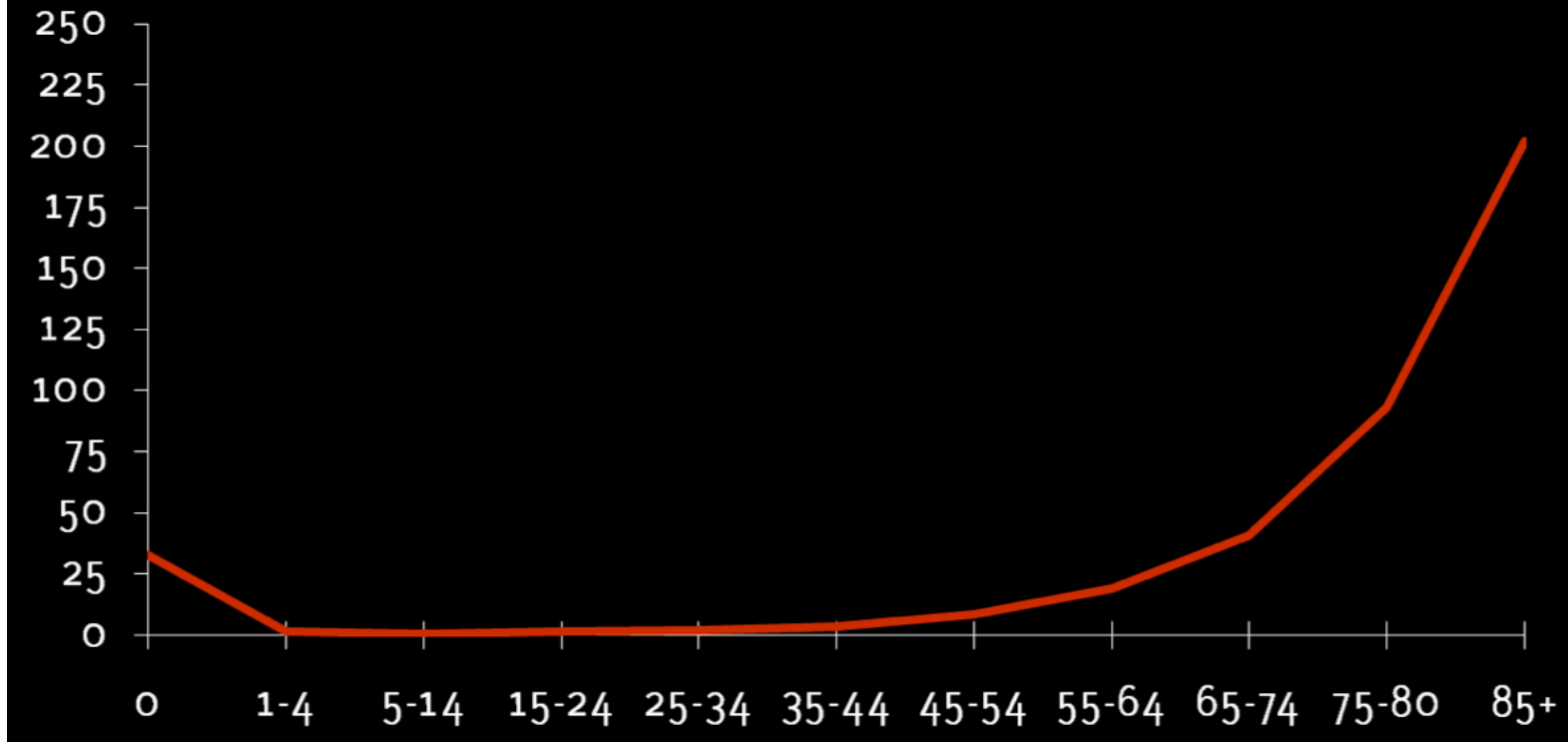
JOHNS HOPKINS
BLOOMBERG
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Section B

Adult Health and Health Disparities

Mortality Rates Lowest in Adulthood

Deaths per 1,000 Population by Age Group, United States 1950



Health in Adulthood

- What is health in adulthood?

General Dimensions of Adult Health

- Survival
- Free of disease and impairment
- Able to function in adult roles
- Able to fulfill potential, achieve goals

Health Issues in Adulthood

- Chronic diseases and conditions
- Mental health
- Substance abuse
- Maternal morbidity and mortality
- HIV/AIDS
- Injury and violence
- Disability
- Health behaviors

Chronic Diseases and Conditions

- Become more important with epidemiologic transition and population aging
- People live with them a long time
- Age of onset critical
- Very slow development, so readily lend themselves to LCP
- Measures: incidence, prevalence, rates

Mental Health

- Depression most common
- Under-diagnosed
 - Stigma
 - Lack of knowledge
- Diagnostic criteria from DSM
- Measurement
 - Surveys assess symptoms
 - Screeners
 - Clinical diagnosis

Substance Abuse

- Definition
- Could be considered mental health
- How to define
- How to measure
 - CAGE

Maternal Mortality

- Death due to ... (definition)
- Already seen that rates vary tremendously
- Measurement follows from definition, but for population estimates need both counts of maternal deaths and number of live births
- Expressed as number of maternal death per 100,000 live births

HIV/AIDS

- In Africa, disease of entire population
- In other areas, disease of sub-populations
- Adults are most likely to become infected and die
 - Some nations lost substantial proportion of adult population

Injury and Violence

- Morbidity and mortality due to ... accidental injury, work conditions; also famine, war ... not just adulthood issues

Content for this slide to come

Health Behaviors (Top Five)

- Smoking
- Drinking
- Diet
- Exercise
- Sleep