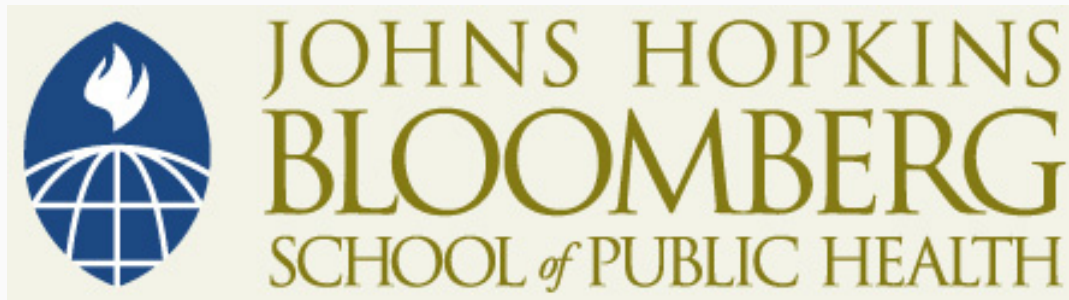


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Personal Preparedness Planning For Public Health Workers

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Make a Family Communication Plan

Part 2 of 3

Key Considerations

- Your family may not be together at home when an incident occurs
- Communication systems may be damaged or overwhelmed following a mass casualty event

- Keeping your number of personal calls to a minimum is important in order to:
 - Reduce burden on the communications system
 - Increase efficiency of communication with family/friends in a crisis
 - Allow you to function more effectively in your public health emergency response roles

The Family Communication Plan: Key Elements

- Make sure everyone knows contact numbers and how to get in touch
- Keep a list of emergency numbers near the phone at all times
 - Include list of physicians/telephone numbers
- Identify an out-of-state “point of contact” to call in case of emergency
- Establish a family “phone tree” in advance

The Family Communication Plan: Key Elements

- Select a “safe room” in the home where everyone can gather
 - Best choice: interior room above ground with few windows and doors
- Be personally reachable by your local health department during emergencies
 - Home telephone
 - Cellular phone
 - Blackberry
 - Pager